



Third Quarter Report

July Medical Report

Highlights:

The July 2022 report highlights one medical condition and one laboratory test, Deep Vein Thrombosis (DVT) and Renal Functional Test (RFT) respectively. DVT also called Deep Vein Thrombophlebitis or Venous Thrombosis is a condition where a Thrombus (blood clot) develops in veins deep in your body because your veins are injured or the blood flowing through them is sluggish. Because asthma is an inflammatory disease of the airways and lungs, it can cause coughing and tightness in the chest, but the most common symptom is wheezing and whistling sound made when breathing. DVT condition is serious because blood clots can loosen and lodge in the blood vessels of the lungs causing Pulmonary Embolism (PE), which is a life-threatening condition and needs quick diagnosis and treatment.

Case Opportunity: We most often refer patients for a Doppler ultra sound scan, chest CT angiogram in case of pulmonary embolism. At our facility, we usually get patients with DVT related presentation but we end up referring them because of lack of diagnostic machines. We managed to get 11 patients with swollen limbs in need of services of Doppler ultra sound to diagnose them for DVT but were unable to do so. Most notable of the 11 cases we had in July is one of Mr. Twinomujuni.

Twinomujuni, 57 year old male, came to our facility with complaints of left leg swelling for 22 days, right-sided abdominal pain for 13 days and breathlessness 2 days. He was apparently normal before the 22 days past then he developed left leg swelling and pain. He developed abdomen pain-dull aching and breathlessness.



John H. and Marie Parrish Medical Clinic, Fort Portal, Uganda

Renal Functional Test (RFT) sometimes referred to as Kidney Functional Test (KFT) is vital in assessing the functionality of a person's kidneys. RFT is one of the tests commonly performed in the laboratory for various reasons. The kidney plays a vital role in excretion of waste products and toxins in your body. They produce red blood cells, hormones, and vitamin D. RFTs may be ordered for clients with chronic diseases like cancer and HIV/AIDS.

Case Opportunity: In July the Clinic received 13 clients for the RFT; seven clients were Clinic patients and six were referred from another clinic. One known HIV patient, Kunihiro, a 48-year-old female, had a history of fever, abdominal swelling, and jaundice for six days. Because our facility lacked the Biochemistry Machine, this client was referred to the Regional Referral Hospital in Kampala, 6 hours away from the Clinic in Fort Portal.

Needs:

Doppler Ultra Sound Scanner
Biochemistry Machine
Endoscopy Machine
Vein Detector Machine





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August/September Medical Report

Highlights August/September:

Peptic Ulcer Disease (PUD) and Malaria remain a constant battle for some patients. PUD is caused by bacteria that lies in the stomach lining for survival. Helicobacter Pylori Infection (H. Pylori) develops and causes peptic ulcers. Complications can attribute to stomach cancer. Our Clinic registered 21 clients with PUD due to H. Pylori; nine male and 12 females.

Case Opportunity: Sarah, a 38 year-old woman, was brought to the Clinic in severe pain and semi-conscious with a history of five PUD attacks in the last year. After an abdominal ultrasound it was discovered that she had a H. Pylori infection. At this point an endoscopy should have been performed but the Clinic lacks the endoscope. Medicine was offered to Sarah and she was referred to the Regional Referral Hospital for further testing. By the end of the month Sarah returned to the Clinic with the same symptoms.

Uncomplicated and Severe Malaria are prevalent parasites for the Ugandan people. Untreated Severe Malaria is life-threatening and requires medical emergency care. Malaria Rapid Diagnostic Tests (MRDT) are performed to determine the effects of Malaria in the patient. Forty-seven clients reported with Malaria; 13 males, 16 females, and 18 children were treated by the Clinic. Two were pregnant and 19 had Severe Malaria.

Case Opportunity: Kabasita, a 19 year-old female, was brought in with convulsions and high fever. She was self-medicating with anti-malarial. The Clinic treat Kabasita and she is getting stronger. The Clinic's CBC Machine was very helpful in her treatments.



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Difficult Intravenous Access (DIVA) and Pneumonia are highlighted in the September report. Difficulty finding veins for insertion can be caused by: age, gender, ethnicity, body mass index, health conditions, and vein characteristics. Difficulty in intravenous device insertion can lead to complications like phlebitis, hemorrhage, sepsis, etc. Thirteen clients experienced DIVA; two adults and 11 children under five years-old.

Case Opportunity: Begonza, a 19 month-old came to the Clinic, semi-conscious and lethargic, with three days of diarrhea, vomiting, and severely dehydrated. Because Begonza was severely dehydrated, there was much difficulty finding veins for insertion, Begonza was given fluids and antibiotics to regain his strength.

Needs:

Endoscopy Machine

Vein Detector Machine

Doppler Ultra Sound Scanner

Biochemistry Machine

MANY THANKS

The Clinic is very grateful to Roland Parrish and his family for their steadfast financial support. We are also grateful to the Antioch Fellowship Baptist Church family for financing essential equipment for the Clinic. The Parrish Medical Clinic offers professional medical services which have saved thousands of lives in the community.



Humanitarian Hands CHARITIES

Building Hope...
One Heart, One Life, One Community At A Time

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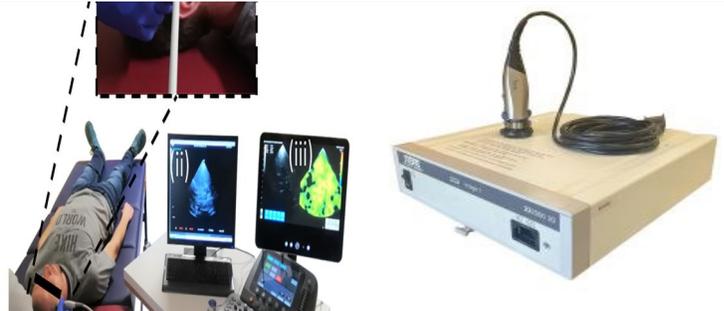
About Our Ugandan Children

A youth conference was held in September for the orphaned children in Fort Portal Uganda. They discussed: choosing appropriate groups, avoiding peer pressure, their safe place in the community, child marriage, abstaining from sex, rape, and defilement. The ABC Strategy was shared with them: Abstain, Be faithful, and Condom use to control the spread of HIV/AIDS. The children were also informed of new skills they could obtain to brighten their future.

School fees were paid in the last Term of 2022 for all of our sponsored children which brought smiles to their faces and hope for their future! For those who want to continue or share this information, **the 2023 school terms begin in February.**

Challenges: Most children do not have raincoats and backpacks. Their books are usually destroyed before they reach the school building.

There are over 2500 orphaned children in Fort Portal so let us know if you want to sponsor a child.



Donations

With your donations, HHCharities can provide the Parrish Medical Clinic with much needed equipment to help effectively and efficiently serve clinic clients.

To donate funds for individual items of: X-ray machine, *ECG machine, *Endoscopy Machine, Vein Detector Machine, *Biochemistry machine, *Doppler Ultra Sound Scanner, cardiac beds, digital BP machines, cryotherapy machine, or an ambulance vehicle, visit www.hhcharities.org and click on 'Donate'.



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