



Humanitarian Hands CHARITIES

Building Hope...
One Heart, One Life, One Community At A Time

First Quarter Report

Volume 7, Issue 1
April 2022

January Medical Report

With the spread of Covid-19 slowing, the country like many others reopened in hopes of feeding the economy without fueling another strain of the virus. Although everyone continued to venture out, buses carried passengers at full capacity, and businesses opened, people were still urged to operate while observing Covid-19 standard procedures.

Halting the lockdown, however, brought an increase of coughs and common colds. The coughs caused by bacteria and the colds by a virus created a rise in patients seen in the John H. and Marie Parrish Medical Clinic (The Clinic) as much as three times more than in December. **Managing the respiratory tract infections was difficult because of the lack of a functional nebulizer and bedside monitor. These are items the clinic desperately needs to adequately treat and monitor the rise in coughs and colds.**

The Clinic also suffered another set back when the hard drives in the computers for four departments crashed. The loss was caused by a semi-truck that hit an electric pole, housing a transformer that fed several homes including the clinic. This incident and loss has been catastrophic, since a lot of data used for reports were on the hard drive; however, as soon as Quick Books is reinstalled, information for reports can be retrieved. **The clinic does need to replace the one desktop and four laptops.**

For two years, Population Service International (PSI) has given their support for the reproduction health services; however, they are closing their operation in the Kabarole District. The Clinic is very grateful for the support they provided from providing training to equipment.

Although in January 19 percent of the clients received family planning methods, The Clinic did face challenges when critically ill mothers who need surgery for delivery arrive, they have to refer them to another hospital, but **the lack of an ambulance makes it difficult to get them to another hospital to save the life of mother and child.**



John H. and Marie Parrish Medical Clinic, Fort Portal, Uganda

February Medical Report

A lot has been achieved in February as The Clinic counselor met with couples to help mend marriages, as well as counseled those with health complications, depression, insomnia, anxiety, domestic violence issues, and stress.

Another fatal accident outside Fort Portal was well managed when a car hit a motorcycle carrying three people, killing one and critically injuring two. The Clinic was able to assist the injured adequately because it had the necessary medicines, tools, and autoclave needed to sterilize materials and instruments. **However, the one challenge was because of the lack of an X-ray machine to confirm injury to bones.**

Unfortunately, a house fire caused the death of a 4-year-old boy and injured four other children. Two of the four children were brought to The Clinic in critical condition and because of the lack of necessary equipment, it was necessary to transport them to another facility. **The vehicle that transported the children had no medical emergency service like an ambulance provides, thus the need for an ambulance at The Clinic.** The other two children were successfully treated at the clinic, but a bed cradle used for treating burn victims would have been useful and is an essential part of treating burns.

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MANY THANKS

The Clinic is very grateful to Roland Parrish and his family for their financial support, as well as to HHCharities for the support that is always received, along with their continuous supervision and guidance. The clinic is also thankful to the Antioch Fellowship Missionary Baptist Church family for providing essential equipment to the Clinic staff. Our Clinic offers effective medical services which have saved thousands of lives in the community.



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(February continued from page 1)

The Clinic conducts minor surgeries each month that consist of herniarophies, suturing and excisions. Although The Clinic does have an experienced and qualified staff, the challenge is due to a lack of some instruments for carrying out the procedures. **The following are instruments that are severely needed: herniarophy set, incision and drainage set, dilation and curettage set, and an evacuation set.** Ward screens and portable stretchers are also needed.

An increase in maternity patients increases the need for a maternity ward and The Clinic is asking for help in building a Maternity Department, along with the equipment needed to adequately stock it.

March Medical Report

The March report focuses on HIV treatment and prevention. Because cases of HIV are so high, it is important to focus on prevention, care and treatment, and to improve access and efficiency to test and treat HIV. The Ministry of Health (MOH) has developed a policy to allow all persons at risk access to testing. HIV risk factors that drive the epidemic were also identified, by the MOH and with that, they developed the HIV testing models and approaches to attract and serve the population at high risk of getting HIV based on a facility based model, provider initiated or the community based model which is client initiated.

Making sure those knowingly HIV positive are receiving treatment is important, as well as promoting prevention services through behavioral change and risk reduction, such as reduce unsafe sex and promote consistent condom use; biomedical prevention interventions like STI screening and treatment as well as condom and blood transfusion safety; comprehensive condom programming by teaching sexually active individuals about the risks and offer instruction on the proper use of quality condoms, correctly and consistently; and Safe Male Circumcision (SMC) which is an important intervention for HIV prevention that reduces the risk of HIV by approximately 60 percent. Each of these are important in educating the public to avoid contacting HIV.

The Clinic, through dedication to the community continues to treat, educate, and provide essential programs to those who need it, making a difference in many lives. However, the equipment for it is provided through the generosity of the Roland Parrish family, Humanitarian Hands Charities, the Antioch FM Baptist Church, and individual donations.



A mother brings in her child to The Clinic for treatment

Needed Items

The list of items needed by The Clinic continues to grow, including the ongoing need for an ambulance to refer emergency cases to referral centers.

The most important now are as follows:

Medical Department: fetal doppler/fetal monitor/CTG, a syringe pump, infusion pump, patient monitor, nebulizer (Lit man), stethoscope, vein finder, and mobile ventilators.

The Administration Department: especially needed are four laptops at USD \$3,090; 1 desktop set at USD \$743; 5 external hard drives at USD \$643; and 1 UPS for 5 computers at USD \$429.

A maternity department: furnished with the necessary equipment is seriously needed.

The Clinic is in high demand for a Chemistry Analyzer, X-ray machine and cardiac beds. Needs still exist for a cryotherapy machine and equipment for cervical cancer screening, post abortion care equipment, such as a gynecological set, vaginal speculums, sponge holding forceps, IUD insertion sets, scissors, uterine sounds, tenaculums, artery forceps, gall pots, kidney dishes, drums for sterile equipment and a well-equipped sterilization system.

All donations can be made through our website at www.hhcharities.org.



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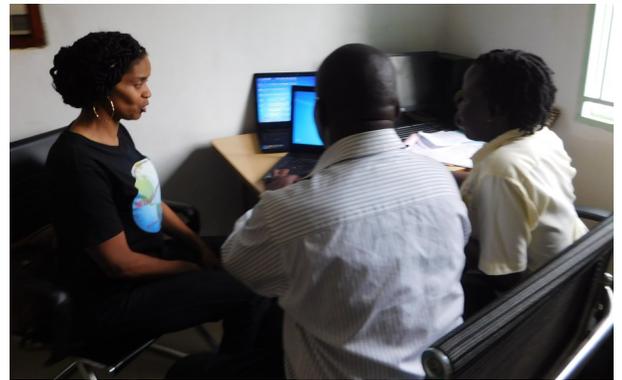
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The Antioch FMBC Reception Room at The Clinic



Administrative department with computers that were later destroyed by electrical surge. Replacements are badly needed.

Thank You to New Sponsors and Donors!

Our school sponsors are true angels for watching over children who have little hope for a better life.

For children in Uganda, they know that escape from their situation, including poverty, is *education*. Unlike the United States where education is free through a public system, in Uganda, effective education is expensive. *Your dollars give these children hope for a new life free of hunger, pain, and poverty.*

Thanks to our many sponsors, one of our children is now a college graduate. The way out of poverty is through education.



Physical address:
HHCharities
9535 Forest Lane
Suite 124
Dallas, TX 75243

With your donations, HHCharities can provide The Clinic with needed equipment to efficiently assist clinic clients.

To donate funds for: x-ray machine, ECG machine, CBC machine, cardiac beds, digital BP machines, cryotherapy machine and ambulance. Go to www.hhcharities.com and click Donate. You can also donate with Zelle under \$Humanitarianhands or CashApp under \$HHC2006.