



Second Quarter Newsletter



April Clinic Pinnacles

Highlighted Case Opportunities: The cases managed in April are highlighted for the adults with malaria, typhoid fever, colds, intestinal worms, and upper respiratory infections. The children's services included afflictions with pneumonia and diarrhea. Pregnant women are being treated for urinary tract infections and sexually transmitted diseases. Malaria remains a prominent disease because the community does not practice safe living conditions in their homes. Vulnerable factors include lowland geographical locations, poor housing and sanitation, and reduced immunity in HIV/AIDS patients, pregnant or under-immunized children and travelers.

A positive factor is that the clinic does receive government funds to treat malaria at its various stages.



May Clinic Pinnacles

Highlighted Case Opportunities: The conditions being managed by the Clinic staff continues to be lower respiratory tract infections (LRTI-47 cases treated), malaria, and urinary tract infections. Added this month are gastrointestinal disorders and skin infections. The respiratory infections can be attributed to the changes in the weather and, of course, poor preventive measures taken by the community especially in contracting communicable diseases.

Pneumonia is a lower respiratory tract infection that dominates the patients' care at the Clinic. This infection is caused by bacteria, viruses, and fungi. Once infected through inhalation or aspiration, the pulmonary defenses lower and oxygenation is impaired. The patients' symptoms could include fever, chills, sweating, fatigue, headaches, and body aches.

Supportive care involves rest, hydration, ibuprofen or acetaminophen, oxygen and other respiratory support.

It is challenging for those in the African communities to care for themselves when they contract a disease or a debilitating sickness. If they don't work doing something they will not eat, and the family suffers along with their parents. Some will not seek health assistance because of pride or lack of funds.



Humanitarian Hands

CHARITIES

*Building Hope...
One Heart, One Life, One Community At A Time*

Volume 10, Issue 2
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June Clinic Pinnacles

Highlighted Case Opportunities: The Clinic continues to treat patients visiting with sexually transmitted diseases (21), malaria (19), upper respiratory infections (27), and peptic ulcers disease (18). Pelvic inflammatory disease (14), skin diseases (12), hypertension, (11), and enteric fever (11).

The Clinic staff readily treats their patients in spite of the need for a maternity and newborn ward to effectively deliver the expectant women and their newborn child. They are steadfast in their service for the community because one of their goals is to realize a healthier community for the Fort Portal area.

The staff requests the steadfast prayers of those in the United States and for deliverance when it comes to actually being able to deliver and care for newborns and their mothers at the John H. and Marie Parrish Medical Clinic.





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Ugandan Children's Manager's Report April - June

The children are on a break before their next term begins in **April**. The opportunity was taken by the children's manager to meet with the children and the minister of the church most of them attend. The minister encouraged the children to stay focused and to never stop dreaming about their future. Some of the children aspired to be lawyers, nurses, doctors, teachers, and other areas of skilled labor. They are always asked to remain hopeful and to dream big.

In **May**, the children returned for the second term of their education for 2025, and their tuition or support was paid. A big appreciation is extended to the sponsors of these children. Without the sponsors support, these children would not be able to attend school. The schools have Carriers' Day where the parents/guardians of the children come and assist the children in identifying where their areas of difficulties are and guide them in what they need to study to reach their dreams. Some parents/guardians were unable to attend so the children's manager stood in their place. The children felt very supported by an adult.

June continued the visit of the children's manager into their homes. She continually encourages them to study hard and keep up with their reading and homework assignments. It was also assessed as to whether the children needed help with any health issues or in the academic arena. Not one of our sponsored children are left behind. An education on HIV, defilement, rape and early pregnancy are constant reminders by the manager. Because of the seasonal change in weather several children are suffering from bouts of coughing and the flu virus. Prayers are often requested.



Imagine Life Through a Child's Eyes...Sponsor a Child's Education!

***Ugandan Children's Tuition/Support for 2025
Fort Portal, Uganda***

**Term I – February 27th – May 2nd
(Funds due by February 14, 2025)**

**Term II – May 26th – August 22nd
(Funds due by May 19, 2025)**

**Term III – September 15th – December 5th
(Funds due by September 8, 2025)**

Funds are used for: Tuition, Uniform, Lunch Meals, School Supplies, Additional Meals/Clothes

ANNUAL TOTAL-----\$396/\$450 (according to grade level)

Term Payments: \$132/\$150 per term (according to grade level)

Monthly payments: \$33/\$38 per month ((according to grade level) Auto Pay via PayPal (Donate) or Your Bank)

Payments accepted: Checks (mailed to address below)

Credit Card Payments: via PayPal (Donate) at www.hhcharities.org

Zelle (Business): (info@hhcharities.org)/CashApp (Business): \$Humanitarianhands

*** Use your Match Program at your place of employment to maximize your giving. ***

95% of your tuition payments are wired to Uganda for the children

92% if paying via credit card payments 3% for charge fees/5% for administrative costs