



HumanitarianHands CHARITIES

*Building Hope...
One Heart, One Life, One Community at a Time*

First Quarter Report

Volume 6, Issue 1
March 2021

December Medical Report

The delay in reporting on the John H. and Marie Parrish Medical Clinic (the Clinic), according to Muburi Vincent, the administrator, is due to the government's controlling of social media. This has slowed massive communication. During the lockdown imposed by the President in February 2020, businesses and transportation systems were closed. It created a toxic atmosphere that negatively affected an already impoverished population. People complained and determined much of it as political propaganda.

Once the lockdown was lifted, there was an increase in Covid cases, affecting large companies, factories, government departments, and much more. Covid has no preferences, deaths include medical doctors, government officials, ministers, local leaders, and elders. Fort Portal reportedly had the highest community transmission rate in Uganda. Some say it is because of the cooler weather. However, despite putting restrictions to social activities during Christmas, people continued to find ways to gather through the holidays.

The Clinic started a massive campaign in December, promoting COVID 19 Standard Operating Procedures in the area in hopes of stopping the rate of transmission. December saw a decline in Post Abortion Care (PAC) which could be attributed to the campaigns promoting free family planning methods. This decline, however, is temporary according to previous graphs, and when the rise comes, it is important to have the necessary equipment to treat and save lives.

This equipment includes: Evacuation instruments, such as Ovum forceps, Curette, Allis forceps (toothed and non-toothed), vaginal speculum, Hawkins Ambler Dilator; Evacuation aids, like Evacuation beds, Evacuation mattress and chair; Emergency Room trays.

Effective counseling services were offered to different categories of people to control and decrease domestic abuse, sexually transmitted diseases, and family planning.

The Clinic saw an increase in child immunization services; however, it attributed some challenges to lack of a freezer and a vaccine thermometer.

In December, the Clinic developed a resource mobilization plan, that included: registering the Clinic as a NGO; requesting support for needed services that are not available or affordable in the region; offering specialized health



John H. and Marie Parrish Medical Clinic, Fort Portal, Uganda

Opened May 17, 2016

Services that create financial stability for the Clinic; and new specialized services that will require more buildings, equipment, and technical staff to accommodate these needed services. This vision of "having a healthy community accessing quality healthcare services," is one the Clinic strives for and has developed a **5-Year Strategic Plan**.

Year 2021 concentrates on Department and Specialized Clinics that include Covid 19 prevention and testing; maternal and child health; general medical wards; comprehensive Anti-Retroviral Therapy; and an X-Ray department.

According to Muburi, an array of grants are being considered, but fees are required for many of them, and the Clinic will be looking for donations to assist with these. As always, Parrish Medical Clinic is most appreciative and grateful to their donors, such as HHCharities, Roland Parrish, and Antioch Fellowship MBC.

Needed Items

The Clinic is still in high demand for a Chemistry Analyzer, X-ray machine and Cardiac Beds. The Clinic still needs a Cryotherapy machine, equipment for cervical cancer screening, post abortion care equipment such as a gynecological set, vaginal speculums, sponge holding forceps, IUD insertion sets, uterine sounds, tenaculums, artery forceps, gall pots, kidney dishes, drums for sterile equipment and an equipped sterilization system.

To provide eye care, the center needs a slit lamp with applanation tonometer (AIA-12 Model), Auto refractor model APPA AUTOREF-Keratometer (AARK-7000-IM, Keeler direct (UK) ophthalmoscope, Trial test and universal trial frame, VA chart 6 meters (E-type and A-type), VA Chart 4 meters (LOGMAR type) and VA-TV model type 1 chart HD/LITE.



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January Medical Report

January 2021, the President launched the COVID 19 vaccines, distributing in segments with front-line medical workers first, followed by security agencies, etc. Standard procedures continued, such as mask wearing, social distancing, and handwashing.

January saw a gradual increase in eye ailments, which was attributed to allergies, conjunctivitis, trauma, glaucoma, diabetes, etc. The Clinic's challenge to treat these issues is with the lack of equipment, (listed on page 1).

The Clinic treated some gastro intestinal issues and a few cases of malnutrition caused by poor feeding habits. To offset these cases, the Clinic offered health education talks on malnutrition, food hygiene and healthy diets.

The ability to properly transport burn patients from a fatal accident in the area was hindered by the lack of an ambulance.

A trail taking petrol to the Republic of Congo hit a packed lorry (a vehicle for cargo), causing it to overturn and ignite into flames. Several of those burned were brought to the Clinic and were cared for with the equipment provided by HHCharities and Antioch Fellowship MBC. However, not all of the most serious patients brought to the Clinic had someone who could transport them to the referral hospital for further treatments. An ambulance is greatly needed. Each case treated solidifies the need in the area for the Clinic and more supplies and equipment.

Although Gender Based Violence (GBV) is still on the decline, the Clinic saw several disturbing cases, including one involving a four month old baby. Rosemary, a university graduate, and John were siblings. Rosemary accepted a position in Dubai; however, she had a three month old baby at the time. She asked her brother, John, and his wife, Jenifer, if they would care for the child. They agreed, since Rosemary was paying a maid to help and paying all the baby's upkeep. John and Jenifer had an argument that ended in John hitting his wife. After he left for work, Jenifer took her anger out on the baby by cooking porridge and pouring it on the baby. Neighbors heard the baby crying and took the critically injured child to the Clinic where they cared for it. The baby was treated and is slowly recovering.

The Clinic has embarked on a campaign of "Stop violence, Make a family Happy." They offer health education to prevent domestic violence, through village meetings, church services, and house-to-house mobilization visits.



John H. and Marie Parrish Medical Clinic Patients



Patient registration at the John H. and Marie Parrish Medical Clinic

MANY THANKS

The Parrish Medical Clinic staff is very grateful to Roland Parrish and his family for their support, as well as to HHCharities for the support that is always received, along with their continuous supervision and guidance. We are thankful to HHCharities for providing funds for an ECG Machine and a Digital Blood Pressure Machine. The Clinic staff is especially grateful to the Antioch Fellowship Missionary Baptist Church family for providing the funds to purchase essential equipment to the Clinic, such as the much needed CBC (Blood Count) Machine.



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Thank You to Our New Sponsors!

Our school sponsors are true angels for watching over children who have little hope for a better life.

For children in Uganda, they know that escape from their situation, including poverty, is **education**. Unlike the United States where education is free through a public system, in Uganda, effective education is expensive. Your dollars give these children hope for a new life free of hunger, pain, and poverty.



Notice Physical Address Change:

HHCharities

9535 Forest Lane

Suite 124

Dallas, TX 75243

Reminder: With your donations, HHCharities can provide the Parrish Medical Clinic with much needed equipment to treat clinic patients.

To donate funds for individual items: X-Ray machine, Cryotherapy Machine and Ambulance. Go to www.hhcharities.org and Click on Donate. You can also donate with Zelle under Humanitarian Hands Charities, email address info@hhcharities.org.

What You Can Do To Help

Three (3) Academic Terms/Semesters in the

2021 Ugandan Public Schools:

Term I – January 11th – April 9th (Funds due by January 4th)

Term II – April 26th – July 23rd (Funds due by April 19th)

Term III – August 23rd – December 17th (Funds due by August 16th)

Funds will be used as noted below:

Tuition

Uniform

Lunch Meals

School Supplies

Additional Meals/Clothes

ANNUAL TOTAL-----\$396

Credit Card Payments: via PayPal at www.hhcharities.org

Term Payments: \$132 per term

Monthly payments: \$33 per month (auto payments can be set up via PayPal auto system)

Payments accepted: Cash, Check, or

Bank Automatic Draft Payments-personally set up through your bank

***Use your Match Program at your place of employment to maximize your giving. ***

95% of your tuition payments are wired to Uganda for the children

92% if paying via credit card payments-3% for charge fees/5% for administrative costs